



5th Annual Footloose 5K & Event

Saturday, June 23

Lakeland Park in Burns Harbor, IN

facebook @FOOTLOOSE5K

www.sites.google.com/view/footloose-5K

First Name		Last Name	
Address			
City		State	Zip
Age	Sex	M	F
Phone		Email	
Shirt Size XS S M L XL 2X 3X		Shirt Gender M F	
5K Options (Check One)			
<input type="checkbox"/> Before 6/23/2018	5K w/Shirt - \$35 (Race Entry \$20, Shirt \$15 add \$2 for 2X, 3X)		STRIDERS! Receive \$10 OFF Race Entry Fee ONLY \$20
<input type="checkbox"/> Before 6/23/2018	5K w/o Shirt - \$20		
<input type="checkbox"/> Race Day 6/23/2018	5K w/o Shirt - \$30		
Kids Fun Run Options (Check One) *The kids fun run is intended for ages 3-11			
<input type="checkbox"/> Before 6/23/2018	With Shirt - \$10		Shirt Size YS YM YL
<input type="checkbox"/> Before 6/23/2018	Without Shirt - FREE		
<input type="checkbox"/> Race Day 6/23/2018	Without Shirt - \$10		
Sign up online: https://runsignup.com/Race/IN/BurnsHarbor/FootLoose5KandKidsFunRun			
USE COUPON CODE: STRIDERS2018			
*** ALL 5K OPTION'S INCLUDE A \$5 MEAL VOUCHER TO USE AT SELECT VENDORS ***			

This Form Must Be Received On or Before 06/10/2017 For Shirts

I know that running a race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release, the Town of Burns Harbor, Burns Harbor Parks and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (Parent or Guardian if under 18)			
Date	Entry Fee \$	Shirt \$	Total \$

Make Checks Payable to: **Burns Harbor Parks Department, 1240 N. Boo Road, Burns Harbor, IN 46304**

Registrations must be postmarked before the designated due date to be considered for the registered fee applied for. It is the responsibility of the participant to mail the registration form in a timely manner to be received by the applied date and registered on or before 6/23/2018.