

3rd Annual 10,000 Meters at Sunset

10 K Trail Run



Saturday, August 25, 2018 @ 7:30 AM

Registration: 6:00-7:15 AM

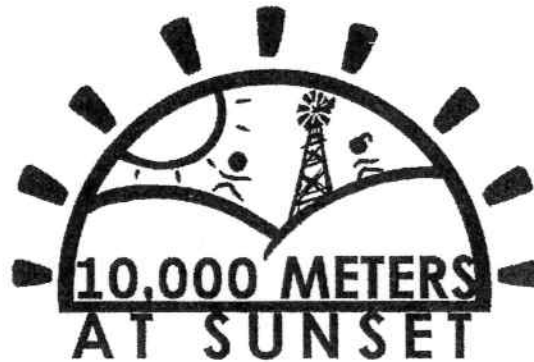
Sunset Hill Farm Co. Park

775 Meridian Road

Valparaiso, IN 46383

(Located at the corner of US Rte. 6 & Meridian Rd)

Calumet Region Striders Gold Cup Race & XYZ Trail Series Race



Entry Fees:

Early Registration by August 11, 2018: \$25.00

(includes long-sleeve cotton shirt)

Early Registration without shirt: \$20.00

After August 11 & Race Day: \$30.00

(shirt not guaranteed)

CRS Gold Cup OR XYZ Discount (one only) \$ -2.00

NO race day discounts.

Online Registration on www.thtiming.com

Check-in, start and finish at the band shell/amphitheater.

The course is all trail or grass...hilly in areas. 10,000 meters is 10K/6.2 miles. Proceeds from the race will go to Sunset Hill Farm Co. Park.

Awards (male & female) to overall 1st through 5th; masters, grand masters (50+); senior masters (60+) winners and top 3 finishers in the following age categories: 14 and under; 15-18; 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80 & over; Clydesdale & Athena



Any questions, contact: Dan Sturgell
(219) 462-6650-home; (219) 241-1976-cell
Email: dansturgell@yahoo.com

Name: _____ Address: _____ City/State/Zip: _____

Telephone: _____ Email: _____ Sex: M / F Age on Race Day: _____

Home Phone: _____ Cell: _____ Emergency contact/Phone: _____

Early Registration (post marked by August 11th)

_____ w/shirt: \$25.00 _____ w/o shirt \$20.00

After August 11th and Race Day Registration Amount: \$30.00

Shirt size (circle one): S M L XL 2XL 3XL

_____ XYZ Series -\$2.00 Discount OR

_____ Gold Cup -\$2.00 Discount

\$ _____ Total Enclosed

Make checks payable and mail to: Dan Sturgell
119 Morningside Dr.
Valparaiso, IN 46383

DIVISION (Circle One): 14 and under; 15-18; 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80 & over; Clydesdale & Athena

Waiver: I attest and verify I have sufficiently trained for and am physically fit enough to participate in the "10,000 Meters at Sunset" race. I hereby enter this event knowingly and at my own risk. I waive and release Sunset Hill Farm Co. Park, Dan Sturgell, Calumet Region Striders, XYZ Trail Series, T & H Timing; all race officials, volunteers, employees, contractors, sponsors and all clubs or organizations and entities affiliated with this event from liability with respect to any injuries, damages or claims which may result from my participation in this event. By my signature below, I knowlege that I have read and understand the content of this waiver.

Signature: _____ Date: _____

(Parent's signature if participant is under 18 years of age)