



38th Annual ROTARY RAMBLE

"WOODEN SHOE RACE" 5K RUN OR FITNESS WALK

Saturday, August 11, 2018



Start Time: 8:00 am CDT (Chicago Time)

PRE-REGISTRATION-Online/ByMail
(Postmarked by Saturday, August 4th)

Online Registration Preferred

- With wicking Sport Science T-Shirt \$20.00
 - No Shirt \$15.00
 - Family Fee Full parent fee paid, with shirt, each child 14 & under \$10.00
 - Gold Cup Series Discount Deduct \$3.00
- No Gold Cup Discounts allowed with family entry.

LATE REGISTRATION-Online/Onsite only
(Online Registration thru Thursday, August 9)

- \$3 Discount for Online Registration
- No Onsite Discounts
- With wicking Sport Science T-Shirt (no size guarantee) \$25.00
- No Shirt \$20.00
- Family Fee Full parent fee paid, with shirt, each child 14 & under \$12.00

Online Registration & Results: www.thtiming.com

Onsite Registration and Packet Pick-up

DeMotte Elementary School
US 231 Halleck St., DeMotte
Friday, (8/10/18) 6:30 - 7:30 pm
Saturday, (8/11/18) 6:45-7:45 am

Each person must fill out separate entry form.
Mail To: Rotary Ramble, P.O. Box 453, DeMotte, IN 46310
Make Checks Payable to: Rotary Ramble

Race Start and Finish

Intersection of Birch St & 9th St.
(NW of Elementary School)

USATF certified course
IN13045 TDK

Gold Cup Series race
Chip timed • Ultra "on the bib" timing tags
Mostly flat course • 3 water stops
Split times at every mile

Run Awards

5K Run: Wooden shoes to the top three overall male and female finishers, the first three finishers in each age & special run divisions; masters, youngest, oldest.

Run Divisions

8 & Under	9-10	11-12	13-14	15-16	17-18
19-24	25-29	30-34	35-39	40-44	45-49
50-54	55-59	60-64	65-69	70-74	75-79
80 & up					

Special Run Divisions*

Weigh in at registration or packet pick up

Male

Clydesdale 1...210-229#
Clydesdale 2...230# plus

Female

Athena 1...150-169#
Athena 2...170# plus

*not eligible for age division awards.

Fitness Walk Awards

Wooden shoes to the first three overall male and female finishers, the oldest finisher and the first male and female finisher in each age division.

Fitness Walk Divisions (Male & Female)

39 & Under (1) • 40-49 (1)
50-59 (1) • 60-69 (1) • 70 & up (1)

Parade and Festival follow the race

General Information:

NO Refunds or transfer of numbers
The following are NOT ALLOWED on the course: Baby joggers and/or strollers, scooters, animals, bicycles, skateboards, roller blades/skates or other wheeled objects (except wheelchairs) or music playing audio devices. **Indiana High School Cross Country runners must receive waiver from Athletic Director to compete.**

MAKE CHECKS PAYABLE, DETACH & MAIL TO ROTARY RAMBLE • P.O. Box 453 • DeMotte, IN 46310

PLEASE PRINT

M F

 FIRST NAME LAST NAME SEX AGE (on race day) BIRTHDAY M/D/Y

 ADDRESS CITY STATE ZIP TELEPHONE #

T-Shirt Size (Circle One) NONE SM MED LGE XLGE XXLGE

E-MAIL ADDRESS

Division: (Circle One Only) 5K RUN 5K WALK CLYDESDALE 1 CLYDESDALE 2 ATHENA 1 ATHENA 2
 (M-210-229) (M-230 UP) (F-150-169) (F-170 UP)

2018 Gold Cup

PLEASE READ ENTRY FORM AND WAIVER CAREFULLY BEFORE SIGNING.

I know that running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with my voluntary participation in this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and /or humidity, precipitation, animals, traffic and road conditions. I further assume and will pay my own medical and emergency expenses in the event of an accident, illness, or other incapacity regardless of whether I have authorized such expenses. Knowing these facts, I, for myself, heirs, executors, administrators, or anyone else who might make a claim on my behalf, COVENANT NOT TO SUE, WAIVE ALL CLAIMS AGAINST, AND FULLY RELEASE & DISCHARGE the DeMotte/Kankakee Valley Rotary Club, the Town of DeMotte, Kankakee Valley School Corporation, Calumet Region Striders, race participants, race officials, workers, volunteers, and all sponsors, (collectively, the "Releases") for ANY AND ALL claims of liability, including without limitation the sole or contributory negligence of any or all the Releases, whether foreseen or unforeseen, for death, personal injury (whether temporary or permanent), or property damage arising out of, or in the course of my participation in and/or travel to & from this event. I further grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose. No refunds if this event is cancelled. **I attest that I have read the race rules and agree to abide by them.**

Participant's _____ DATE _____
 Signature or (Parent if under 18 years old)