



Munster Rotary Club
29th Annual
Superhero Run-A-Round

10K (6.2 Miles) Run (Gold Cup)
5K (3.1 Miles) Run (Jr. Gold Cup)
5K Walk

Saturday, June 10th, 2017
Rain or Shine

FOLLOW US ON FACEBOOK



TIME: Registration 6:45-8:15 am. 5K run and 5K walk begins at 7:45 am, 10K run at 8:30 am.

PLACE: Munster High School Football Field, 8808 Columbia Avenue.

PARKING: Across From Football Field

COURSES: Scenic Route - Paved Roads - Water Stations (3) - Splits (5K-1/10K-3) - USATF Certified

ENTRY FEE: Pre-Registration \$25.00. \$30.00 after June 7th and day of race. (\$35.00 to run both races)

Family of four - \$75.00 (Pre-registration only)

Shirt Guaranteed for all pre-registrants, as available race day.

(Men & Women's) Dry Fit add \$7*, No shirt subtract \$2

AWARDS: Runs - 1st Overall Male & Female Plaques

1st-2nd-3rd All Divisions-Male & Female Medals

Walk - 1st Overall Male and Female Plaques

Masters Division - (40+) Male and Female Plaques

DIVISIONS FOR RUNS: MALE AND FEMALE: Clydesdale 190+, Athena 150+, 0-8, 9-10, 11-12, 13-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and Over

Prizes for Best Dressed

CRS Gold Cup Series Race

Computerized Scoring

Entries: Make Checks Payable to Munster Rotary Club

Mail Entries To: Race Director

P.O. Box 3241

Munster, Indiana 46321-0241

E-mail: bachbj@s-vt.com

Register online: www.thtiming.com

Click on the Upcoming Races tab at the left

Questions?

Call Bill Bach

219-836-8286

* Registrations requesting Dry Fit shirts must be received by May 20th

Come Dressed to Impress in your Awesome Superhero Attire. Become the Superhero you always wanted to be!

NAME _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE _____

AGE _____ SEX _____ RACE (Circle) 5 K WALK 5 K RUN 10 K RUN SHIRT SIZE (Circle) S M L XL XXL DRY FIT*

CLYDESDALE _____ ATHENA _____

GOLD CUP MEMBER? YES _____ NO _____ CARA MEMBER? YES _____ NO _____ IF YES, CARA # _____

\$22.00 Fee for Gold Cup and CARA Members (Pre-Registration Only)

Adult Gold Cup participants must participate in 10K for credit towards Gold Cup points.

IMPORTANT: Please read before signing. WAIVER: In consideration of your acceptance of this entry, I hereby for myself, heirs, executors, administrators, waive any and all rights and claims for damages I may have against the Munster Rotary Club, Inc., Striders, CARA and any other race organizers or sponsors, for any and all injuries suffered by me in connection with said event, including pre and post activities. By my signature, I acknowledge that I have read and understand the prior terms and conditions.

SIGNATURE _____ PARENT'S _____

(If under 18, must have signature of parent or guardian)

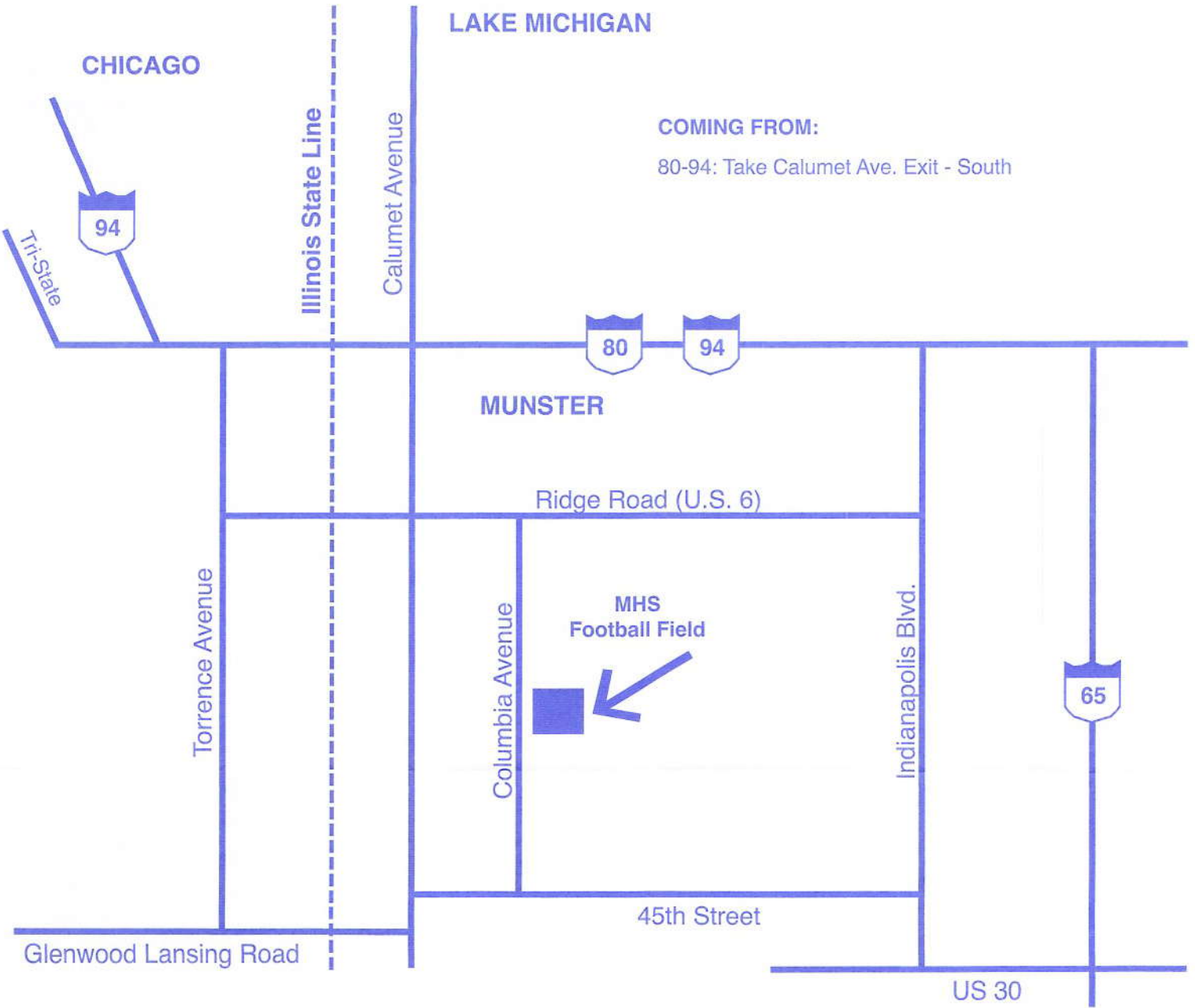
DATE _____ E-mail Address: _____

LAKE MICHIGAN

CHICAGO

COMING FROM:

80-94: Take Calumet Ave. Exit - South



P.O. Box 3241
Munster, IN 46321