

Calumet Region Striders  
Board of Director's Meeting  
April 14, 2016 Minutes

Location: Lake County Library, Merrillville, IN

Jose Lopez	President
Lisa Moreno	Vice-President
Dan Koch	Treasurer
Carri Massau-Ables	Membership & Volunteers
Deanna Grimes	Public Relations
Beth Boyer	Youth Running Programs
Rosa Garcia	Adult Running Programs
Mary Moreno	Social Events
Barb Hamner	Gold Cup Series
Lorie Arnold	Nominations, Bylaws, & Disabled Runners
Lisa Beecher	Secretary

Meeting called to order at 6:12 p.m.

Absent:

Guests: Sue Brown, County Line Orchard Race Director

Approval of March 10, 2016 Minutes: Motion made by Deanna Grimes to approve the March 2016 minutes with one correction, seconded by Beth Boyer. Board approved 9-0.

President's Report (Jose Lopez):

1. Website: Need to update with bio and picture for all board members
2. President Lopez has a meeting with Becky from Xtra Mile. She's the assistant training coordinator at Porter County Health.
3. Discussion about RRCA Program vs. Run Fit to get online certifications to become a running coach. Approximate cost is \$350.00.

Vice President's Report (Lisa Moreno):

1. The Stride to be Fit 5k Fitness Walk will be Sunday, October 2 at Wicker Park.
2. The Walking Groups will start Monday, April 25<sup>th</sup> at Wicker Park and Sunset Hill in Valparaiso.
3. Sponsorship Program-Tabled for revision

### Treasurer's Report for April 2016: Information available upon request

A motion was made by Dan Koch to allocate \$3,000 for the budget for the 2016 County Line Orchard 10 Miler and 1 Mile Apple, Seconded by Barb Hamner. Board approved 9-0.

A motion was made by Dan Koch to purchase Square Reader for \$49.00, seconded by Beth Boyer. Board approved 9-0.

### Secretary's Report (Lisa Beecher): No report

### Gold Cup & Sponsored Race Series (Barb Hamner):

1. Jr. Strider overall category added
2. Discussion about RunSignUp - Adding GC is confusing/difficult
3. Discussion about GC Premium - Sent ideas to Mary Moreno. Top of my list are nylon gloves and headbands.
4. Also Strider wear ideas and items - sunglasses, window clings were discussed.
5. New members - welcome packet was discussed
6. Barb gave a recap of the RRCA Convention - ideas for awards/apparel, social media session was ok, and governance sessions were interesting. Surprised to hear instructor mention monthly meetings are borderline excessive. Also, By-laws - leave room to add Board members in the future. Provide a range instead of just listing current members.

### Public Relations (Deanna Grimes)

1. Feedback on Weekly Strider Newsletter & FB post for CLO Run.
2. Fun run at Brew Fest is scheduled for Thursday, April 28<sup>th</sup>. First adult only event.

### Youth Runner Programs (Beth Boyer)

1. A motion was made by Beth Boyer to award a total of \$1,400 in Scholarships from the Jim Cox Fund to Tyler Kramer-Stephens, Elisabeth Joll, and Hope Myroup, seconded by Lisa Moreno. Motion carried 11-0.
2. Track practice will be Monday and Thursday at Lake Central in Highland and Wednesday at Wheeler. The first two weeks they will meet at Rohrman Park.
3. Beth is checking Blythe's for bright colored uniform shirts.
4. We have gone live on program registration for Jr. Striders

Adult Running Program (Rosie Garcia):

1. Rosie reported that one person signed up for the 5k Training Plan
2. Rosie asked the group if she should offer another 5k or 1/2 marathon training plan.

Nominations, Bylaws & Disabled Runners (Lorie Arnold):

1. Discussion about posting about the Disabled Runners Fund
2. Email Lorie with suggestions or ideas on guidelines on use of the fund
3. Lisa Moreno will provide the RRCA conflict of interests policy and forms

Membership and Volunteers (Carri Massau-Ables):

1. Membership list was discussed
2. We discussed Barb's idea about new membership letters/packets. Carri will tweak the letter.
3. CLO volunteer email blasts and fb posts ongoing.
4. We discussed the contract and location for bench in honor of Liz Scott. Liz's husband is aware of our intentions.

Social Events (Mary Moreno):

1. Mary is working with Tim Fealy on the Hometown Happenings Hub City Half Marathon. Would the CRS be willing to man all 6 water stops?
2. Mary is requesting our input on the Buckley 5 miler medals and shirts.

Next Meeting: Thursday, May 12, 2016.

Meeting adjourned at: A motion was made by Lisa Moreno to adjourn the meeting at 8:26 p.m., and seconded by Carri. Motion carried 11-0.